

Rules and regulations IMS:

Introduction.

Purpose of the Rules and Regulations

By signing up to Intramural Sports (IMS), participants agree to adhere to the rules and regulations outlined in this document. These rules ensure fair play, safety, and enjoyment for everyone involved. This handbook will provide a comprehensive overview of IMS, detailing how it operates, the expectations for participants, and the procedures to follow during the season. Whether you are a seasoned player or a newcomer, this guide aims to ensure a smooth and enjoyable experience for all.

Scope of Application

IMS encompasses a diverse group of participants, teams, officials, and spectators, each playing a vital role in creating an engaging and inclusive environment:

- **Participants:** All players and teams are required to register and follow the outlined guidelines to ensure the smooth running of games. Every participant is expected to uphold sportsmanship and adhere to the rules of their respective sport.
- **Teams:** IMS thrives on teamwork. Captains are responsible for organizing their teams, ensuring that members understand the rules, and maintaining communication with IMS coordinators.
- **Officials:** Games will be overseen by trained activators, referees, or umpires who ensure fair play and enforce rules. These officials are an integral part of IMS and work hard to deliver high-quality matches. Please treat them with respect and acknowledge their efforts.
- **Spectators:** Spectators are encouraged to attend and support teams positively. Any form of disruptive or unsportsmanlike behaviour from spectators will not be tolerated.

Contact Information for Queries or Clarifications

We aim to make this handbook as comprehensive as possible, but we understand that questions may still arise. For any queries or further clarification, please reach out via the following:

- **General IMS Queries:**
Email: playsport@teamsurrey.ac.uk
 - **Specific Contacts:**
 - Molly Catlin: m.catlin@surrey.ac.uk
 - George Mead: g.mead@surrey.ac.uk
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General Information

Eligibility

1. Who Can Participate:

- Open to students, staff, and alumni of the University.

2. Requirements:

- All participants must complete the **IMS registration form** prior to their first game.
- Participants must create the relevant account based on their sport:
 - **BUCS Play account:** Required for Football.
 - **Playwaze account:** Required for Volleyball, Badminton, Tennis, and Netball.

Team Composition

1. Minimum and Maximum Number of Players:

- **6-a-side Football:** Maximum of 10 players per team.
- **Community 7-a-side Netball:** Maximum of 10 players per team.
- **Badminton:** 2 players per team.
- **Tennis (Singles)**
- **12-a-side Volleyball:** Maximum of 15 players per team.

2. Gender Requirements:

- Participation is **open to everyone**, regardless of gender.

Code of Conduct

1. **Expected Behaviour:**

- All participants must treat fellow players, officials, and spectators with respect at all times.
- Verbal or physical abuse of any kind is strictly prohibited.
- Teams and individuals must arrive on time for scheduled games.
- If a team is unable to play and needs to forfeit a game, they must notify the opposition in advance.

2. **Zero-Tolerance Policies:**

- Discrimination, harassment, and violence of any kind will not be tolerated under any circumstances.

3. **Consequences for Violations:**

- Any reports of poor behaviour will result in a formal meeting with IMS organisers.
- Repeated or severe infractions may lead to further action, such as:
 - Suspension for multiple games
 - Permanent ban from the league

Registration and Fees

- The registration deadline is the **second week after IMS begins**.
- **Fees:**
 - For Football and Netball captains, the team fee will be charged to the **captain's** student email account.
 - For Volleyball, Tennis, and Badminton, individual fees will be charged to **each participant's** student email.
- Payments can be made either **online** or in person at the **Sports Park reception**.

Team and Individual Fees

- **Team Fee:** £180 per semester.
- **Individual Fee:** £20 per semester.

Refund Policy

- If a participant or team is **banned from the league**, no refund will be issued.
 - If you choose to leave the league, you must notify one of the designated contacts via email. A discussion will follow to determine eligibility for a refund, and if approved, the refund will be processed accordingly.
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Scheduling and Fixtures

How and When They Are Shared:

All fixtures will be published on BUCS Play (for football) or Playwaze (for volleyball, badminton, tennis, and netball) one week before the league starts.

Rescheduling or Postponing Games:

- Rescheduling will only be permitted under substantial circumstances. Please get in contact with the designated contacts via email.
- Being late or missing a game will not qualify for rescheduling, as we aim to avoid this due to the high demand for space at SSP.

No-Show and Forfeiture Rules:

- No-Show: If a team does not turn up for a game, they must inform the opposition in advance.
- Walkovers: The opposition will receive a walkover worth 3 points in the result of a no-show.
- Repeated No-Shows: Missing more than three games without providing an explanation or prior warning will result in a meeting to discuss your position in the league.

Game Rules

6-a-Side Football

- Duration: Matches will be played for 30 minutes (2 halves of 15 minutes each, with a 3-minute halftime break).
- Rules: Small-sided football rules apply. Rolling substitutions are allowed. No offside rule. Goalkeepers must remain in the designated area.

- Match Format: Matches are played on a smaller pitch with 6 players per side. Teams must have at least 4 players to start.

Community 7-a-Side Netball

- Duration: Matches will be played for 50 minutes (Play starts at 7:00, 7:50 and 8:40)
- Rules: Standard netball rules will apply, as governed by the International Netball Federation. Each team must field 7 players, with positions clearly marked (e.g., GA, GS, C).
- Match Format: Teams must have a minimum of 5 players to start the match. Substitutions are allowed during breaks or injury stoppages.

Doubles Badminton

- Duration: Matches will be played for 30 minutes.
- Rules: Standard doubles rules as outlined by the Badminton World Federation will apply. Each match will be played as a best-of-three games format (each game up to 21 points, with a 2-point difference to win).
- Match Format: Matches are played on a standard doubles court, with two players per team.

Singles Tennis

- Duration: Matches will be played for 45 minutes.
- Rules: Standard doubles rules as governed by the International Tennis Federation will apply. Scoring will follow the no-advantage format with 2 sets being played and a tiebreak played if necessary.
- Match Format: Matches are played on a standard singles court, with one player per team.

12-a-Side Volleyball

- Duration: Matches will be played for 50 minutes.

- Rules: Standard volleyball rules as governed by the FIVB (Federation Internationale de Volleyball) will apply. Matches will follow a one-set format, with each set being played until the time runs out.
- Match Format: Teams must field 6 players on the court at a time. Substitutions are allowed, with a maximum of 12 players playing per team.

Equipment and Facilities

Equipment Provided by IMS

- All compulsory equipment will be provided by IMS for your use during activities.

Equipment Participants May Bring

- You are welcome to bring your own equipment if you prefer, but it is not required as IMS will supply everything needed.

Facility Use and Maintenance Guidelines

- It is your responsibility to inform an official or activator immediately if you lose or damage any equipment. This ensures that sufficient equipment remains available for everyone to use.
- We understand that some situations, such as balls landing on the roof, are unavoidable. However, it is vital that such instances are reported to prevent shortages and ensure all matches can proceed as planned.

Officials and Scoring

Role of Referees, Umpires, Officials, and Activators:

Referees and umpires are responsible for officiating the game, ensuring adherence to the rules, and maintaining fairness and structure throughout. Activators play a vital role in overseeing sessions or matches to ensure they run smoothly and address any issues that arise promptly.

Scoring System:

Each sport will follow the official scoring system as outlined by its respective governing body or legislation and linked with the rules previously discussed.

Rules for Reporting Scores:

- To report your score, it is essential to log the score onto BUCS Play/League Republic when playing at 'home.' Failure to log your score will result in

inaccuracies on the league table. Scores will be verified with referees to ensure accuracy, and any discrepancies will be corrected accordingly.

Appeals:

- Contact the designated individuals previously shared.
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9. Health and Safety

Medical Assistance and Injury Reporting Process:

The SSP Operations team is fully trained in first aid and will provide immediate medical assistance if needed. They will also ensure that all necessary injury reporting forms and relevant documentation are completed accurately and promptly.

Weather-Related Cancellations and Protocols:

We will make every effort to accommodate any disruptions caused by adverse weather conditions. In cases where activities cannot proceed safely, we will communicate cancellations or changes promptly and work to provide alternative arrangements where possible.

10. Penalties and Sanctions

We have a range of penalties to address poor behaviour, whether verbal or physical, to ensure a safe and enjoyable environment for everyone. These include:

- **Warnings:**
Issued for initial instances of poor behaviour. A meeting will be called, and this serves as a caution and reminder to adhere to expected conduct.
- **Suspensions:**
Following a warning, further inappropriate behaviour may result in suspension, such as being banned from participating in a few games.
- **Bans:**
In severe or repeated cases, individuals may face permanent bans from activities.

Football-Specific Penalties

- **Yellow Card System:**

Accumulating three yellow cards across three consecutive games will result in a one-game ban.

- **Red Cards:**

A red card leads to an automatic suspension from the next game.

Appeals Process

We believe in fairness and are open to hearing all sides of a situation. If you feel a sanction is unfair or have additional context to share, please reach out to us. We are committed to addressing concerns and ensuring a transparent process.

Thank you for joining the IMS league we look forward to another great semester of games.