

TEAM SURREY



Annual Review

2025-26

Setting a new standard for sport and physical activity at the University of Surrey

We look back on the 2025/26 year at the University of Surrey, building on continued transformational impact, while marking the third year of our five-year Sports Park strategy.

We are proud to have led a community where sport is about far more than just performance. At Surrey Sports Park we are creating spaces where people can train, connect, belong and thrive, support wellbeing, ambition and community at every level.

This year we have launched our new Playbook, an important resource that provides clarity, consistency and direction as we continue to grow and evolve as a department.

It captures who we are, what we stand for and how we bring our vision to life. Our Playbook defines our purpose, principles and ways of working, creating a shared understanding of our culture and providing a framework to guide our decisions, behaviours and ambitions. Alongside this, it establishes how we represent ourselves, bringing together our identity, messaging and visual approach to ensure we communicate with confidence and consistency.

The Playbook reflects our commitment to continuous improvement and our ambition to create exceptional experiences for our students, staff, partners and wider community. They empower our teams to understand our direction, celebrate our impact and ensure every interaction reflects the quality, energy and purpose behind our work.

At the heart of Team Surrey's success is the strength of our tripartite relationship between the University, Students' Union and Surrey Sports Park. This partnership brings together shared expertise, resources and ambition, enabling us to deliver opportunities that reach beyond sport alone.

So, Who is Team SURREY? It's everyone!

It plays out on pitches, courts, and in sports halls. In the early mornings, the late night sessions, the shouts, the laughter, the moments before everything begins.

But look closer, and you'll see something bigger. A place where people move, play and perform together. One community made up of students, athletes, staff, families, coaches, supporters, and first timers, all shaping the same culture.

At the heart of it all is Surrey Sports Park, a home for ambition, for wellbeing, for everyday movement and elite performance. From packed university fixtures and world-class training environments, to the sessions that clear your head and the friendships that last long after university, this is excellence for everyone.

A place where world class meets just getting started. Because Team Surrey was never just about sport. It's about confidence, connection and belonging.

Different lives, different levels, one Team Surrey. So whether you come here to compete, to discover, to move, play, or perform, there's a place for you here. Team Surrey don't just build pitches and pools, we build belonging!

Please do browse and explore the following pages which share stories and achievements that showcase the incredible work of our Team Surrey staff, students and partners over the past 12 months. From outstanding performances and impactful programmes, to the people who make our community thrive, these pages celebrate the passion, dedication and commitment that continues to shape Team Surrey.

If you would like to find out more about Team Surrey, we would love to hear from you. Please contact us at info@teamsurrey.co.uk

Georgina Agnies Director of University Sport

Dan Manning Assistant Director of Sport

Luke Bennet Head of Sport, Physical Activity & Wellbeing

Alex Mckee CEO Students Union

Jodie Varma Student Activities and Events Manager

Kade de Gannes Students' Union Activity Officer 2025-26

BUCS Big Wednesday

BUCS Big Wednesday is the premier university team sports finals event in the UK, featuring Championship and Trophy finals across 16 sports at Loughborough University.

Team Surrey qualified four teams for the national finals this year and this achievement is amplified as in the past 5 years only one team from Surrey has reached this milestone.

- National Trophy Winners – Basketball Mens 1 vs Birmingham City Mens 1
- National Trophy Runners Up – Football Mens 1 vs Durham Mens 1
- National Vase Runners Up – Rugby Womens 1 vs Bristol Womens 1
- National Trophy Runners Up – Squash Womens 1 vs Birmingham Womens 2





Womens BUCS Super Rugby Playoff

History Makers Secure Promotion to Women's BUCS Super Rugby

In the first year of Team Surrey's partnership with Harlequins Women, the USWRFC have made history by beating Nottingham University 81-5 in a playoff match and becoming the first ever University of Surrey team to win promotion into Women's BUCS Super Rugby - the highest level of University rugby.

The team have already had an incredible season, winning the Premier South division in a final-day shootout against Bristol in February, and progressing to the National Trophy Final at the annual BUCS Big Wednesday in Loughborough.

However, promotion to WBSR was the ultimate goal of the Team Surrey x Harlequins partnership, and the team delivered in style with an emphatic 81-5 win away in Nottingham to secure promotion and a place in the University of Surrey history books along the way.

The women's rugby pathway partnership with Harlequins Women has been a huge success since it launched this season, with many students making their way into the Harlequins Women Premiership Women's Rugby (PWR) side throughout the year. This goes to show the strength of the programme and how it is a crucial part of the pathway into the professional game.

Head of Women's Rugby at Harlequins Women, Pat Metcalfe-Jones said "We are absolutely thrilled to see the University qualify for WBSR. This achievement is a testament to the players' relentless work ethic, the dedication of the coaching staff, and the strength of the programme built over recent years. Stepping up to WBSR presents an exciting new challenge, and we look forward to the team competing at the highest level of university rugby."

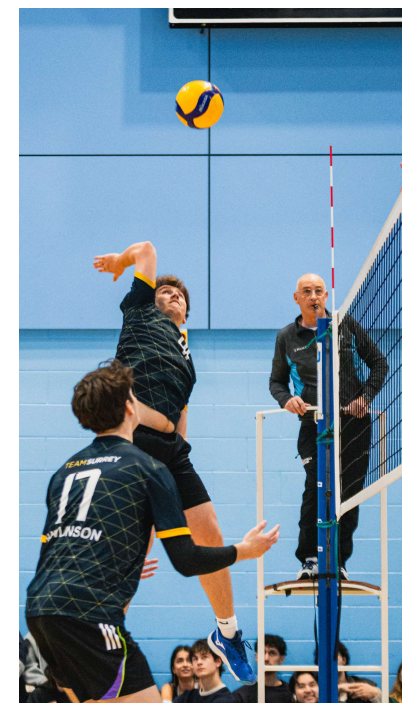
Performance Sport Manager at University of Surrey, Paul Berry-Cudmore said "This is a fantastic achievement and everyone at Team Surrey is incredibly proud of the players and the entire Club for their dedication, commitment and desire this season. Likewise, the coaching staff, medical team and support staff have been outstanding and are a huge part of the success of the programme. We're looking forward to the challenge of WBSR next season as we continue to invest in the development of the programme."



BUCS South Eastern Conference Finals

The BUCS South Eastern Conference Final is for BUCS leagues at Tier 2 and below who compete in their respective knockout competition, known as the Conference Cup, Plate or Bowl. This year the finals were hosted at Surrey Sports Park and celebrates us hosting this event for 3 out of the past 4 years.

- Men's South Eastern Conference Cup Winners – Lacrosse Mens 1 vs Canterbury CC Men's 1
- Women's South Eastern Conference Trophy (Fast4) Runners Up – Tennis Womens FAST4 1 vs City St George's Women's FAST4 1
- Male South Eastern Conference Cup Runners Up – Volleyball Mens 1 vs Kent Mens 1
- Men's South Eastern Conference Cup Runners Up – Football Mens 2 vs St Mary's Mens 1
- Women's South Eastern Conference Cup Runners Up - Lacrosse Womens 2 vs Kent Womens 1
- Southern Conference Cup Runners Up – American Football Open 1 vs Swansea Open 1



Enhancing The Reputation of The University of Surrey Both Locally and Globally Through Sport and Civil Engagement



BUCS Facilities and Wellbeing Forum 2026

Surrey Sports Park hosted a two day network event, bringing together members who have a responsibility for the management, planning and operational delivery of sports facilities, and with those who are responsible for the delivery of active wellbeing programmes and initiatives.

130 colleagues from 50+ universities attended the forum and we were able to demonstrate our major transformations in the last 12 months, including 1,500 rooftop solar panels, a refurbished gym, a new elite rugby pitch, padel courts, and £250k in government funding for exercise referral.



University Retains FISU ‘Healthy Campus’ Platinum Accreditation

The University has retained its ‘Healthy Campus’ platinum accreditation following a two-day audit by a delegation from the International University Sport Federation (FISU), achieving a 94% compliance mark across all criteria.

This significant milestone reflects Surrey’s ongoing commitment to fostering a culture of health, wellbeing and sustainability across our campus community, values that align closely with our [Vision 2041](#) to create a better future for people and the planet.

In 2023, the University of Surrey achieved the prestigious ‘Healthy Campus’ platinum status, joining an elite group of just 29 institutions worldwide to receive the honour. This recognition is a testament to Surrey’s dedication to promoting health and wellbeing across multiple domains, including disease prevention, nutrition, environmental sustainability, risk behaviour management, mental and social health, and physical activity and sport.

This goal aligns with [Vision 2041](#), which places health, sustainability, and community wellbeing at the heart of the University’s long-term strategy. By embedding these values into our campus culture and practices, we are working to create an environment where individuals thrive, and collective action drives positive change for society.



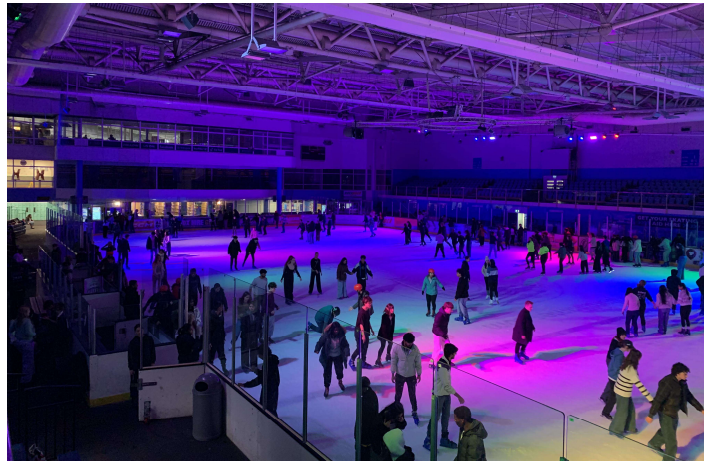
Student Engagement

Over the past three years, Surrey has delivered sustained growth, with total unique users increasing by 35% from 8,893 to 12,044, signalling a cultural shift where movement is embedded within student life. This impact is consistent across the programme compared to 2022-23:

- Recreational sport: 726 increased to 1,265 participants
- Club sport: 1,904 increased to 2,677 participants
- Learn-to programmes: 37 increased to 102 participants
- Attended Facility Bookings across SSP: (24/25) 11780 to (25/26) 12796
- Team Surrey Trips 25/26: Another successful year by increasing our trips from 3 to 5 with a fully booked Ice Skating and two AirHop events both at 90% capacity
- Trips programme: 198 increased to 394 participants

“I love the £3 trips, I always go onto the SU Website to see if you have any coming up, you should do them more often... are you doing AirHop again”- March 2026 attendee for This Girl Can AirHop event

2022-23	2023-24	2024-25	2025-26
8,893	9,808	10,150	12,044
Unique Students Engaged	Unique Students Engaged	Unique Students Engaged	Unique Students Engaged



Participation

The University of Surrey serves 18,579 students, which is broken down into 5,631 commuters, 390 care-experienced/estranged students, 283 carers, 1,333 students from Black and Asian backgrounds, and 1,170 disabled students.

It is because of this the “Future Leaders” was created by the Student Success team, to empower and support students from under-represented backgrounds to shape their futures and lead with confidence. Sport is at the heart of everything they do from Glow Walks to Sporting pop-ups using unconventional spaces to play a game of table tennis.

“Future Leaders benefitted me not only from a financial standpoint but also the betterment of my interpersonal skills”- Habi (Student Network Champion- Social Mobility)

Through SurreyMoves+, our behaviour change platform, engagement has grown from 3,239 to 8,174 students, with users reporting increased activity through embedded behaviours such as active travel and walking meetings. With a record number of downloads year on year:

- SM+ Downloads 23/24: 2071
- SM+ Downloads 24/25: 2298
- SM+ Downloads 25/26: 2323

Walking Routes: Our Stag Hill Campus, situated next to Guildford Cathedral, offers free public access to our green spaces, lake and public art. The site is a teaching hub to the Surrey Business School and the Guildford School of Acting. To link all these up perfectly we have created walking routes that are intertwined in Biodiversity initiatives and information on sculptures, statues, buildings and more!



Sense of Belonging and Inclusion

Let's Talk Campaign: A space for wellbeing support and connection. At university, mental and physical health matter just as much as academic success. Wellbeing and welfare are at the heart of our Surrey community, and we're proud to provide several services to support our students. From professional help to peer-led support, we are here to help you start - or continue - meaningful conversations about wellbeing.

Movember from one of our Team Surrey athletes: Sam Head our Movember Ambassador and proud member of the Men's Football Team.

<https://stories.surrey.ac.uk/lets-talk-movember/>

This year we also had two targeted access funds, delivered with strategic partners, providing a 90% subsidised gym membership and equipment support for widening participation students that are referred via student support advisors. In addition, students can gain access to a flexible payment option and financial support for club sport participation through further funding that was obtained by the alumni fund. Both funds reached full capacity, supporting 35 students each, many of whom were previously inactive.



Student Voice reinforces this impact:

"I have greatly benefited... to manage my conditions more effectively and take part fully in university life."

"It has been my dream to learn how to swim... I could finally achieve this at university."

Black Sport Collective – Tennis & Padel Programme

At the University of Surrey, analysis identified a 13% attainment gap between Black students and White British students, alongside 23% underrepresentation of Black students within sport.

Student focus groups identified barriers including a lack of representation, confidence and culturally relevant opportunities, particularly within sports such as tennis and padel. In response, the Black Sport Collective was developed in partnership with students to create more welcoming, representative and accessible sporting environments.

The programme was delivered through a partnership between Team Surrey, Black Tennis Mentors UK and The Sporting Society.

Key sessions included:

Black Sport Collective Forum – engaging 20+ students, alongside alumni and industry leaders, to discuss experiences of race and sport to help shape future programme delivery.

Active Refreshers Inclusive Tennis Activation – engaging over 50 students through beginner-friendly and accessible tennis activities, including red ball and adapted formats.



Social Sunday Tennis Sessions – engaging approximately 10 students through regular social tennis, mentorship and community-building opportunities alongside Black Tennis Mentors UK.

Padel Social Session – engaging approximately 15 students through a collaboration with The Sporting Society, introducing participants to padel within a welcoming and inclusive environment with free soft drinks and a social hangout after.

The programme delivered measurable improvements in student experience and belonging:

- Overall experience scores increased from 7.81 to 8.04
- Perceptions of social opportunity increased from 7.78 to 8.52
- 100% of participants reported that sport positively contributed to their university experience
- 66% reported that participation in sport helped prevent them from considering withdrawing from university

The Black Sport Collective demonstrates how targeted, student-led sport programmes can improve participation, belonging and student success, helping to create a more inclusive sporting culture across the University of Surrey.

Performance and Lifestyle

The student massage clinic was established to support participation in sport and physical activity by providing accessible recovery and wellbeing services for students. In collaboration with the Universities Sport and Exercise Science department, student volunteers studying the course specific module were able to gain hands on experience under the supervision of qualified supervisors.

The clinic aimed to help students manage the physical demands of training, competition, and active lifestyles, reducing the impact of muscle soreness, fatigue, and minor musculoskeletal issues that can act as barriers to continued participation. The intention was also to reduce the demand on our central injury clinic by diverting low-level cases to the student massage clinic where appropriate, enabling specialist clinical resources to be focused on more complex presentations.

By offering regular sports massage and recovery support, the clinic focused on enhancing student wellbeing, aiding recovery, reducing injury risk, and enabling students to remain active for longer.



41

Student Volunteers
Upskilled

18

Different Sport
Types Covered

233

Clinic
Appointments
Delivered

The initiative also aligned with the wider objectives of increasing participation in sport and physical activity, improving the student experience, and creating a healthier, more active campus community. Through the provision of preventative and recovery focused support, the clinic helps students perform at their best both physically and academically.



Helping The Next Generation of Student Elite Athletes Excel



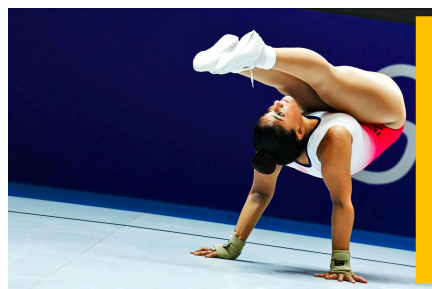
Megan Hansford, Will Sellers and Delphine Riley were selected to represent Jersey, the Cayman Islands and Guernsey for swimming at the 2026 Commonwealth Games.



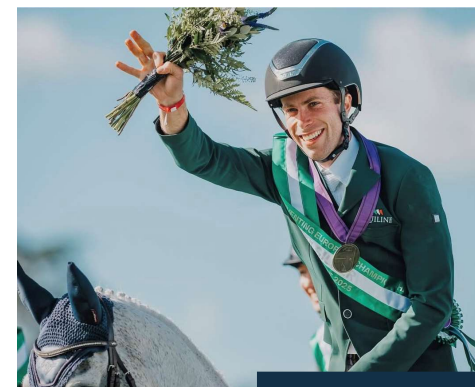
Margot Sire was selected for the Hungarian Floorball Cup, competing against strong international opposition and finishing in second place overall. Margot also made her debut for the GB women's ice hockey team at the World Championship, becoming the 154th player to represent the team. They finished in second place on points, despite defeating the eventual group winners.



Taryn Cole represented Team GB at the Student Riders Nations Cup in Switzerland, achieving an outstanding fourth-place individual finish and helping Great Britain secure fourth overall.



Eesha Antil represented Great Britain at the European Championships in Azerbaijan and also competed in the Korean International Open. Eesha placed 15th in the mixed pair competition at the European Championships, and finished 4th in the individual event in Korea. She was also selected for the 2026 National Performance Program.



Robbie Kearns competed at the Blenheim European Championships. Robbie was part of the Irish team that won a first medal at the European Eventing Championships in 30 years and they finished with a silver medal.



Olivier Doniesiewicz won Bronze in the Taekwondo European Championships.



Shooter Libby Hart was selected for the Team GB Olympic potential programme just three years after taking up the sport. She also attended the European Championships this year.



Harlequins Women confirmed that 6 of our brightest young Surrey talents resigned for the club.

2022-23
47
Dual Career Athletes

2024-25
88
Dual Career Athletes

2023-24
51
Dual Career Athletes

2025-26
138
Dual Career Athletes

12 Sport Scholarships were awarded this year, supporting talented student athletes to excel in both sport and study.

Training for Tomorrow's Success - Building Stronger Athletes

The goals for the Strength and Conditioning (S&C) department this season were to create a systematic approach to delivery and expand the type of support we offer our performance teams and dual career athletes. Starting the season off with implementing Teambuildr was a big improvement in how we deliver our programming to our athletes. This gave us a chance to monitor workout completion and make personalised adjustments based on the athletes' needs. We worked closely with the medical team to build cohesive protocols for monitoring and returning athletes from injury.

A large emphasis was placed on expanding our coaches' knowledge and practical application. This included department-wide coaching sessions on topics such as return-to-contact, foot and ankle restoration and speed delivery. All staff got hands-on experience and tips to use immediately in sessions.

In our effort to expand the type of support we offered our athletes we implemented Mental Performance coaching workshops for all performance squads and dual career athletes. We worked through subjects like confidence, fear of failure and expectations. The feedback from those who attended was very positive and was a gap that needed filling.



Speed training was also an area that had not been offered before. Weekly speed sessions were attended by our Cricket and Squash teams. These were a chance to create a stimulus that is hard to get in the gym. Athletes had a lot of fun racing and chasing each other, while learning the technical aspects of good speed mechanics.

With a focus on injury prevention, we offered restorative sessions for men's rugby and rowing. These were focussed on movement literacy, activation, mobility and reducing pain points throughout the season. Participation was high, and the session worked well as a low-volume option before a competition.

The S&C department saw a positive overhaul of the physical gym and its entire operating system. This year was about aligning everything to a high-performance vision. We are committed to continuing to build towards this with the introduction of VALD performance testing equipment, which is a suite of high-tech systems used to measure human strength, movement, balance, and power.

BUCS Events and Individual Champions

	Sport	Event
Fin Hamp	BUCS Archery 25-26	Female Experienced Barebow
Luka Gillingham	BUCS Archery 25-26	Open Experienced Barebow
Luka Gillingham	BUCS Archery 25-26	Open Experienced Barebow
Beth Perry	BUCS Canoeing 25-26	Canoe Sprint Female K1 500m
Jesse Chraniuk	BUCS Judo 25-26	Mens - 66kg
Romain Chauvin	BUCS Judo 25-26	Mens - 60kg
Roosevelt Lima	BUCS Judo 25-26	Mens - 81kg
Poppy Armstrong	BUCS Powerlifting and Weightlifting 25-26	Women's - 63kg
Elizabeth Hart	BUCS Rifle 25-26	Womens Individual Short Range
Elizabeth Hart	BUCS Rifle 25-26	Womens Individual Long Range
Jj Culshaw	BUCS Rifle 25-26	Mens Individual Long Range
Jj Culshaw	BUCS Rifle 25-26	Men Short Range
Surrey Short Range Championships 1	BUCS Rifle 25-26	Open Team Short Range
Surrey Open Championship 1	BUCS Rowing 25-26	Open Championships Lightweight 4 - Rowing Head
Surrey Women's Championship 1	BUCS Rowing 25-26	Womens Championship Lightweight 4 - Rowing Head
Surrey Rugby Sevens 1	BUCS Rugby Union 25-26	Rugby Sevens Women's Championship
Andras Szeni	BUCS Swimming 25-26	Para Open 50m Butterfly
Andras Szeni	BUCS Swimming 25-26	LC - Open Para 50m Butterfly S2-S7
Andras Szeni	BUCS Swimming 25-26	Para Open 100m Backstroke
Andras Szeni	BUCS Swimming 25-26	Para Open 50m Freestyle
Andras Szeni	BUCS Swimming 25-26	Para Open 100m Breaststroke
Andras Szeni	BUCS Swimming 25-26	LC - Open Para 100m Backstroke S1, S2 & S6-S14
Darren Paredes Flores	BUCS Swimming 25-26	LC - Open Para 100m Freestyle S1-S14
Jemima Boon	BUCS Swimming 25-26	Para Female 50m Freestyle
Jemima Boon	BUCS Swimming 25-26	LC - Female Para 100m Backstroke S1, S2 & S6-S14
Surrey UWIN 1	BUCS Ultimate 25-26	Ultimate Women's Indoor National Trophy



BUCS Team

Champions 2025-26

Promotion Tier

Badminton Open 3	South Eastern Tier 3	Men's Squash 2	South Eastern Tier 1
Men's Basketball 3	South Eastern Tier 4	Men's Tennis 2	South Eastern Tier 3
Men's Football 6	South Eastern Tier 6	Women's Tennis 1	South Eastern Tier 1
Men's Lacrosse 1	South Eastern Tier 1	Netball 4	South Eastern Tier 5
Men's Rugby 2	South Eastern Tier 2	Women's Rugby 1	Womens Super Rugby

2025-26: 26th place; 1,927 points

2024-25: 29th place, 1750 points

2023-24: 31st place, 1528 points

2022-23: 33rd place, 1513 points

Team Surrey has had a great year, celebrating success at every level of sport. Our student-athletes have continued to inspire through exceptional performances and achievement.

Athletics delivered an outstanding performance at the LUCA Outdoor Championships, securing 10 medals across individual and relay events. Highlights included championship titles in the Women's 4x100m relay, Nicholas Kamara's gold in the Men's 100m, Trinity Gaisford's gold in the Women's High Jump, alongside multiple silver and bronze medals, personal bests and season bests across the team.

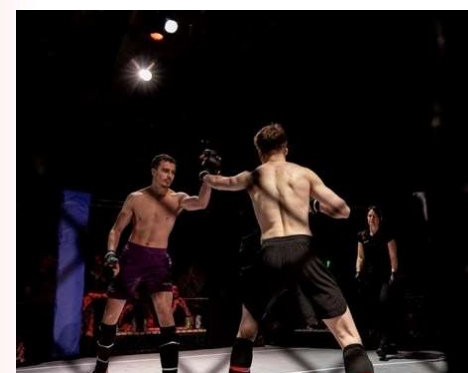
Padel also had it's BUCS pilot year with Surrey entering a team for the first time. The team exceeded expectations by securing a bronze medal, marking an impressive debut. Following the success of the pilot year, Padel will now become a permanent annual BUCS event, and Surrey will be looking to build on this strong foundation and continue its success in the years to come.

Dance enjoyed one of its most successful competitive seasons to date, winning 19 medals across three major competitions, including eight golds, six silvers and five bronzes. This outstanding performance marks one of the club's strongest years in competition. Furthering on their achievements they were also crowned Club of The Year at the annual Colours Sports Awards showcasing all their hard work and talent.

Our Karting intermediate team achieved two top 10 places with Surrey D's finishing 7th and Surrey C's accelerating to 1st and winning Gold at this Years BUKC. This is the first time in university history, and we are particularly proud of the Surrey D team finishing 7th in their second year of competing.

Surrey's success continued to the slopes where Snowsports had six teams finish within the top 10, with two of these teams finishing in the top 3. To further this the Snowsports individuals had a 2nd and 4th place finish with an additional nine students finishing in the top 20 of this year's events.

MMA hosted for the second year in a row their Triumph Fight Series. Fighters from across the country came to Surrey to deliver a night full of entertainment and action. The event attracted outstanding support, with every bout showcasing exceptional intensity, skill and relentless pace.



Major Events



Colours Ball

Building on the success of last year’s Colours Ball in University Hall, we were delighted to host the event here again in 2026. The ball was a tremendous success, with Colours Ball selling out within moments and welcoming 390 guests. This flagship celebration is a highlight of the year, bringing students together to recognise and celebrate the remarkable achievements of our sports clubs, and individuals whose dedication, talent, and commitment have made a lasting impact on student life at Surrey.



Varsity

This year’s Varsity was hosted at Royal Holloway, which saw over 1,000 students from Surrey head across to Royal Holloway to support their peers in battle. Through adverse weather conditions, Team Surrey still came away as winners (42-23) with a brilliant crowd that continued to support through the rain and hail. We had new additions to the event from Flag Football, Ice Skating, Track Athletics and Pool & Snooker. Varsity continues to be one of the largest events of the academic year



Grad Sport

The 12th edition of the GradSport alumni vs students sporting event returned. The event brought together alumni from across generations of Surrey sport, providing an opportunity to reconnect and celebrate shared experiences. For the first time in the event’s history, the competition concluded in a 21–21 draw. GradSport also welcomed alumni from some of these countries this year.



The Value of Higher Education Sport

- This Value of Sport data presents a comparative analysis of Team Surrey student's academic performance across academic years 2023/24, 2024/25.
- Using a sample of 3,607 records extracted from the student record management system, we evaluated key academic outcomes such as sport mark gap, sport pass rate, and failure rates.
- Team Surrey students consistently outperformed non-Team Surrey peers in both years, with stronger results in top classifications and lower rates of negative outcomes.

"Students who engage in sport are around one-third less likely to be flagged as academically at risk."

The numbers behind it

- Sport-engaged students: 4.19% are at academic risk
- Non-engaged students: 6.26% are at academic risk
- Relative reduction: 33%

"This difference shows up across every analytical method we tested"

"Sport-engaged students pass about 4 percentage points more of their modules out of 100 they take."

The numbers behind it

- Sport-engaged students: 96.6% module pass rate
- Non-engaged students: 92.7% module pass rate
- Gap: 3.9 percentage points

"If a non-engaged student passes 89 modules out of 100, a sport-engaged student passes about 93."

The biggest benefits are concentrated in students at the **lower end of the mark distribution**. In other words, students who may require additional academic support appear to **gain the most from engaging in sport**.



National Award Recognition



The BUCS Awards recognise outstanding achievements in university student sport, from outstanding athletes to incredible institutions, BUCS celebrate the achievements across each season. Showcasing the full range of activity dedicated to delivering excellent student experiences. The 2026 BUCS Awards took place in the spectacular University of Durham on Thursday 9th July. The University of Surrey was represented by Surrey Sports Park.

There are thirteen award categories which celebrate best practice and innovation within Higher Education, covering all aspects of university sporting life, from EDI to workforce development and digital engagement to coach recognition. **Team Surrey proudly had shortlisted students for both the Sportswoman of the Year and Student Volunteer of the Year Award.** A great example of our commitment to providing opportunities for students at every stage of their sporting journey, from participation through to performance.

Charlotte Ray was shortlisted for her dedication to Tennis and padel volunteering this year. Charlotte has inspired, and developed opportunities for all to be part of the volunteer team and also has shaped an inclusive environment for anyone to come to a session and feel welcome. Charlotte has delivered, developed, and coordinated sessions all across a range of ages, from coaching her peers to inspiring the next generation of children to fall in love with Tennis.

Ella Cromack has enjoyed an exceptional year across university, professional and international rugby. She played a pivotal role in Surrey Women's historic promotion to Women's BUCS Super Rugby, while also establishing herself as a key player for Harlequins Women and earning recognition within England's U20 and senior training environments. She recently marked her 50th appearance for Harlequins, a milestone worthy of recognition on its own. Beyond her sporting achievements, Ella demonstrated remarkable character by raising over £15,000 for her father's cancer treatment through a personal fundraising challenge.



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